

Nutritional Screening: Risk Factors as Determined by Life Stage, Medical/Dietary History, or Physical Exam

| Risk Factors | Check if Present |
|--|------------------|
| Life stage with specific nutritional requirements (e.g., growth, gestation, lactation, senior, geriatric) | |
| History | |
| Altered gastrointestinal function (e.g., vomiting, diarrhea, reduced fecal quality, nausea, flatulence, constipation) | |
| Previous or ongoing medical condition/disease | |
| Currently receiving medications and/or dietary supplements | |
| Calories from noncomplete and balanced foods > 10% of total caloric intake (e.g., commercial treats, table foods, chew bones, foods for medication administration) | |
| Unconventional diet (e.g., raw meat based, home prepared, vegetarian, vegan) | |
| Inadequate or inappropriate housing | |
| Physical examination | |
| Body condition score < 4/9 or > 5/9 | |
| Muscle condition score with mild, moderate, or severe muscle wasting | |
| Unexplained weight change | |
| Dental abnormalities or disease | |
| Poor skin or hair coat | |
| New medical condition/disease | |

The **2021 AAHA Nutrition and Weight Management Guidelines for Dogs and Cats** are available at aaha.org/nutrition.

