

# Suspicious of flea allergy? Conduct a flea control trial (up to 3 months)



# Suspicious of food allergy? Conduct an 8-week food trial<sup>1</sup>



# How to rate your dog's itch

**Extremely severe itching** Dog is scratching, chewing, licking almost continuously. Itching practically never stops, regardless of what else is happening around the dog.

### **Severe itching**

80

Prolonged episodes of itching when the dog is awake. Itching occurs at night and also when eating, playing, or exercising, or when otherwise distracted.

### Moderate itching



40 Moderately frequent episodes of itching. There may be occasional episodes of itching at night. No itching when sleeping, eating, playing, exercising, or being distracted.

### Very mild itching



Occasional episodes of itching. The dog is slightly more itchy than before the problem began.

#### Normal dog



Itching is not a problem.

60 Regular episodes of itching when the dog is awake. Itching may occur at night and wake the dog. No itching when eating, playing, exercising, or being distracted.

 Reference: 1. Olivry T, Mueller RS, Prélaud P. Critically appraised topic on adverse food. BMC Vet Res. 2015;11.225. DOI 10.1186/s12917-015-0541-3.

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