TABLE 9
Summary of Categorical Approach to Diagnosing Suspected Feline Hyperthyroidism\*

GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 6
Classic clinical disease	Possible FHT with probable NTD	Enlarged thyroid without clinical FHT	Subclinical FHT	Clinical FHT with confirmed NTD	Clinically normal
Clinical Presentation:					
<ul><li>Clinical FHT</li><li>Elevated T4</li></ul>	<ul><li>Clinical FHT</li><li>Normal T4</li></ul>	<ul><li>No clinical FHT</li><li>Normal T4</li><li>Enlarged thyroid gland</li></ul>	<ul> <li>No overt clinical FHT but some PE findings suggestive of FHT</li> <li>Elevated T4</li> </ul>	<ul><li>Clinical FHT</li><li>Elevated T4</li><li>One or more concurrent diseases</li></ul>	<ul><li>No clinical FHT</li><li>No palpable nodule</li><li>Elevated T4</li></ul>
Next Steps:					
<b>↓</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
Consider and recommend treatment options for FHT	<ul> <li>T4 with fT4ed assays 2–4 weeks after initial exam</li> <li>Evaluate for NTD</li> <li>Consider T3 suppression or thyroid scintigraphy</li> </ul>	<ul> <li>Monitor clinical signs</li> <li>Repeat T4 assay in 6 months</li> </ul>	<ul> <li>Repeat T4 assay in 2 weeks</li> <li>If elevated, treat for FHT</li> <li>If T4 is normal, reevaluate in 6 months</li> </ul>	<ul> <li>Treat for FHT</li> <li>Institute         <ul> <li>appropriate</li> <li>management</li> <li>of concurrent</li> <li>diseases</li> </ul> </li> </ul>	<ul> <li>Confirm T4</li> <li>If normal, monitor clinical signs and repeat T4 in 6 months</li> <li>If elevated, treat for FHT</li> </ul>

FHT, feline hyperthyroidism; fT4ed, free thyroxine measured by equilibrium dialysis; NTD, nonthyroidal disease; PE, physical examination; T3, triiodothyronine; T4, total serum thyroxine concentration.

<sup>\*</sup>Carney HC, Ward CR, Bailey SJ, et al. 2016 AAFP Guidelines for the Management of Feline Hyperthyroidism. *J Feline Med Surg*. 2016;18(5):400-416, copyright ©2016 by SAGE Publications. Reprinted by Permission of SAGE Publications. Access the AAFP Guidelines for Management of Feline Hyperthyroidism and additional resources at catvets.com/hyperthyroidism.