What is telehealth?

Any use of technology to remotely gather and deliver health information, education, advice, and care.

**Teleadvice**
General advice not intended to treat a specific patient or to diagnose, prognose, treat, correct, change, alleviate, or prevent any specific animal disease, illness, pain, deformity, defect, injury, or other physical, dental, or mental conditions.

*Example:* A veterinary practice sends a text to clients recommending that all pets should receive annual wellness exams.

**Telemedicine**
Electronic exchange of patient-specific medical information to ascertain and improve the patient’s clinical health status. Requires an established veterinarian-client-patient relationship (VCPR).

*Example:* A veterinarian uses technology to visually observe the patient and communicate with the client as part of a postoperative follow-up evaluation.

**Teletriage**
The safe, appropriate, and timely assessment and management of animal patients via electronic consultation with their owners with the goal of determining if an immediate referral to a veterinarian is warranted or not. A diagnosis is not rendered.

*Example:* A technician considers the owner’s account of clinical signs and views a video of a patient’s behavior to determine whether immediate referral to a veterinarian is needed.

**Telemonitoring**
Remotely monitoring a patient at a different location.

*Example:* A patient wears a device that tracks vital signs, blood chemistry, or behaviors.

**Teleconsulting**
Using telehealth tools for communication between general practice veterinarians and veterinary specialists or other qualified experts.

*Example:* A general practitioner consults electronically with a veterinary oncologist about a cancer patient.

**E-prescribing**
The digital-based electronic generation, transmission, and filling of a medical prescription, taking the place of paper and faxed prescriptions. State and federal requirements, including for prescribing controlled substances, apply.

*Example:* A veterinarian e-prescribes an antibiotic for a patient with a bacterial infection.

2021 AAHA/AVMA Telehealth Guidelines for Small-Animal Practice

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