

Nutritional Screening: Risk Factors

For an extended nutritional assessment form, [click here](#).

History	Check (✓) if present
Altered gastrointestinal function (e.g., vomiting, diarrhea, nausea, flatulence, constipation)	<input type="checkbox"/>
Previous or ongoing medical conditions/disease	<input type="checkbox"/>
Currently receiving medications and/or dietary supplements	<input type="checkbox"/>
Unconventional diet (e.g., raw, homemade, vegetarian, unfamiliar)	<input type="checkbox"/>
Snacks, treats, table food > 10% of total calories	<input type="checkbox"/>
Inadequate information about or inappropriate feeding management	<input type="checkbox"/>
Inadequate or inappropriate housing	<input type="checkbox"/>

Physical Examination	
Body condition score (BCS)	<input type="checkbox"/>
On a 5-point scale, any score other than a 3	<input type="checkbox"/>
On a 9-point scale, any score < 4 or > 5	<input type="checkbox"/>
Muscle condition score (MCS): mild, moderate, or marked muscle wasting	<input type="checkbox"/>
Unintended weight loss of > 10%	<input type="checkbox"/>
Dental abnormalities or diseases	<input type="checkbox"/>
Poor skin or hair coat	<input type="checkbox"/>
New medical conditions/disease	<input type="checkbox"/>

Source: AAHA 2010 AAHA Nutritional Assessment Guidelines for Dogs and Cats.
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For more weight management tools and tips, go to the AAHA Download Center:
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