

Looking Good! Staying Fit!

Congratulations! _____
is at a healthy weight. Let's keep it that way!

➔ **Let us show you how to evaluate and monitor your pet's body condition score (BCS).**

When it changes (and it will), call us and we'll talk about ways to change your pet's food, treats, and exercise to maintain the ideal weight.

➔ **Always measure your pet's food each day,** including the number of treats you provide. We will help you figure out your pet's daily meal plan based on the food you already use. Whenever you change foods, call us and we will tailor the plan to your pet's needs. It is important to realize that pet food packages give recommended amounts for the "average" pet. Your pet is unique—let's make sure each meal plan is, too!

➔ **One treat here, one handoff there...** It's easy to bump up your pet's calorie intake, especially when everyone in the family has a hand in it. As a family, decide how to control the flow of treats and people food.

➔ **Make sure your pet exercises regularly.** Make a schedule and stick to it. If you need creative ideas for exercise and how to adapt to seasonal weather, ask us! We have lots of ideas and are happy to help.

Date: ____/____/____ Age: _____ Weight: _____ BCS: _____

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