

# Monitoring Your Dog's Separation Anxiety Treatment

Sometimes behavior improves slowly, over time. This handy chart helps you see change as it happens. Use the chart to track three different times that you leave your pet alone on the same day.

Client's name: \_\_\_\_\_ Dog's name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## ABSENCE 1

What time did you leave?	How did you leave your pet?	How long was your pet alone?	What behavioral signs did you see?
Time: ____ : ____ <input type="checkbox"/> am <input type="checkbox"/> pm Day: _____ Date: ____/____/____	<input type="checkbox"/> Left free <input type="checkbox"/> Crated <input type="checkbox"/> Confined in room <input type="checkbox"/> Left outside in dog house or run <input type="checkbox"/> Left outside in fenced area <input type="checkbox"/> Outside, free/unrestrained <input type="checkbox"/> Other: _____	<input type="checkbox"/> <5 mins <input type="checkbox"/> 5–10 mins <input type="checkbox"/> 10–20 mins <input type="checkbox"/> 20–30 mins <input type="checkbox"/> 30 mins–1 hr <input type="checkbox"/> 1–2 hrs <input type="checkbox"/> 2–4 hrs <input type="checkbox"/> 4–6 hrs <input type="checkbox"/> 6–8 hrs <input type="checkbox"/> >8 hrs	<input type="checkbox"/> None <input type="checkbox"/> Urination <input type="checkbox"/> Defecation <input type="checkbox"/> Destruction <input type="checkbox"/> Vocalization <input type="checkbox"/> Salivation <input type="checkbox"/> Other: _____

## ABSENCE 2

What time did you leave?	How did you leave your pet?	How long was your pet alone?	What behavioral signs did you see?
Time: ____ : ____ <input type="checkbox"/> am <input type="checkbox"/> pm Day: _____ Date: ____/____/____	<input type="checkbox"/> Left free <input type="checkbox"/> Crated <input type="checkbox"/> Confined in room <input type="checkbox"/> Left outside in dog house or run <input type="checkbox"/> Left outside in fenced area <input type="checkbox"/> Outside, free/unrestrained <input type="checkbox"/> Other: _____	<input type="checkbox"/> <5 mins <input type="checkbox"/> 5–10 mins <input type="checkbox"/> 10–20 mins <input type="checkbox"/> 20–30 mins <input type="checkbox"/> 30 mins–1 hr <input type="checkbox"/> 1–2 hrs <input type="checkbox"/> 2–4 hrs <input type="checkbox"/> 4–6 hrs <input type="checkbox"/> 6–8 hrs <input type="checkbox"/> >8 hrs	<input type="checkbox"/> None <input type="checkbox"/> Urination <input type="checkbox"/> Defecation <input type="checkbox"/> Destruction <input type="checkbox"/> Vocalization <input type="checkbox"/> Salivation <input type="checkbox"/> Other: _____

## ABSENCE 3

What time did you leave?	How did you leave your pet?	How long was your pet alone?	What behavioral signs did you see?
Time: ____ : ____ <input type="checkbox"/> am <input type="checkbox"/> pm Day: _____ Date: ____/____/____	<input type="checkbox"/> Left free <input type="checkbox"/> Crated <input type="checkbox"/> Confined in room <input type="checkbox"/> Left outside in dog house or run <input type="checkbox"/> Left outside in fenced area <input type="checkbox"/> Outside, free/unrestrained <input type="checkbox"/> Other: _____	<input type="checkbox"/> <5 mins <input type="checkbox"/> 5–10 mins <input type="checkbox"/> 10–20 mins <input type="checkbox"/> 20–30 mins <input type="checkbox"/> 30 mins–1 hr <input type="checkbox"/> 1–2 hrs <input type="checkbox"/> 2–4 hrs <input type="checkbox"/> 4–6 hrs <input type="checkbox"/> 6–8 hrs <input type="checkbox"/> >8 hrs	<input type="checkbox"/> None <input type="checkbox"/> Urination <input type="checkbox"/> Defecation <input type="checkbox"/> Destruction <input type="checkbox"/> Vocalization <input type="checkbox"/> Salivation <input type="checkbox"/> Other: _____

**You are taking the best care of your best friend:** Your veterinary practice is accredited by the American Animal Hospital Association. Unlike human hospitals, veterinary practices are not required to be accredited. Your veterinary team volunteered to be evaluated on about 900 standards of veterinary excellence in order to become accredited. AAHA-accredited practices are recognized among the finest in the profession and are consistently at the forefront of advanced veterinary medicine.

